

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



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Quaid-e-Azam Muhammad Ali Jinnah
Founder of Pakistan

The duties required of you now are: Develop a sound sense of discipline, character, initiative and solid academic background. You must devote yourselves to your parents and to the state. You must learn to obey for only then you can learn to command.

OUR VALUES

Respect, Excellence, Leadership, Integrity, Compassion (RELIC)

Ensure deep Respect for people

We treat people as individuals, promoting an inclusive environment that values the capabilities and contributions of each person.

Promote Consistent culture of Excellence

We are distinguished for innovation and continuous improvement of our competency-based approach to medical education and solution-based approach to health problems.

Demonstrate Leadership in all we do

We are committed to the success of our people, our profession, our patients and our stakeholder's at large, demonstrating leadership at all levels.

Act with Integrity in all of our endeavors

We embrace the very highest standards of ethical behavior and exemplary moral character

Treat with Compassion

We nurture the spiritual, physical and emotional well-being of one another and those we serve.

VISION

To be a leader in medical education and health services and improve the lives of the communities we serve through excellence in learning, innovation, research and healing.

MISSION

To produce competent and compassionate health professionals to serve the humanity.

To provide supportive environment for enhancing learning and fostering innovation and address the most vexing challenges in health care.

To improve health of community by providing exceptional care and unparalleled medical services through highly qualified and experienced medical professionals with compassion.



CHAIRMAN'S MESSAGE



Dr. Abdul Qadir
Chairman

Margalla Institute of Health Sciences

Vision without action is mere a dream. Action without vision just passes the time, but vision with action can change the era. With clear vision and mission we took the initiative to set up Margalla College of Dentistry, Islamabad College of Physiotherapy & Margalla College of Pharmacy to fulfill the need of ever enhancing clientele. Right from its inception in 1997 Margalla Institute of Health Sciences has emerged as one of the fastest growing professional educational institutes in the field of health sciences.

The institute has been providing standard education through heuristic approach to all individuals who acquire local and global perspective of the diseases process in its entire modern ramification and empowering themselves with skills. Management made extensive efforts to acquire qualified and experienced faculty within the country and abroad. They endeavor to disseminate knowledge and skill under a very congenial and aspiring environment.

I seek Allah Almighty's bestowal and beseech to give us integrity of purpose to make this institute a mark of excellence in all its facets (Aameen)



MARGALLA INSTITUTE OF HEALTH SCIENCES CAMPUS & CITY

The MIHS campus is located in the scenic surrounding of Rawalpindi / Islamabad, the twin city. The campus is in close vicinity to the high court and is merely 1 KM from the historical Grand Trunk Road. The beautiful Bahria Town and Safari Villas add to the splendor of the surroundings. The building comprises of more than 125,000 square feet of covered area, which has a purpose-built interior with all facilities and infrastructure consistent with the academic and clinical training requirements.

All Basic Sciences Departments in the Institute are spacious having large laboratories, museums and air-conditioned lecture halls. The 150 Beds General Hospital (at Pir Wadhai, Rawalpindi) possesses all basic diagnostics facilities, including Department of General Medicine & General Surgery, ICU and Casualty. The college is unique in its nature as all clinical and academic activities are under one roof.

Margalla has recently acquired a land measuring 25 kanals on the main Islamabad Express Way. The construction of a purpose-built campus and hospitals has already started.

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Faculty of DPT and Outgoing Session



Editorial Board of MIHS



Administration MIHS



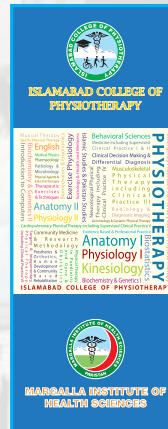
Proctorial Board of MIHS





OFFERING
**DOCTOR OF
PHYSICAL THERAPY
(DPT)**

Welcome



- **Established in 1997.**
- **Batches of Physical Therapy have already been passed out.**
- **Pioneer in providing .**
- **Physical Therapy Education in private Sector.**
- **MHS graduates are serving on leading posts nationwide as well as abroad.**



ISLAMABAD COLLEGE OF PHYSIOTHERAPY

MARGALLA INSTITUTE OF HEALTH SCIENCES

Quaid-e-Azam Avenue, Gulrez-III, Rawalpindi, Pakistan
Phone: 051-5509817, 5509518, 5509323, 5974283, Fax: 051-5596905
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VICE PRINCIPAL'S MESSAGE



Dr. Muhammad Nazim Farooq

Vice Principal

BSPT, M.Sc. Advance Manipulative Physiotherapy (UK)
Certification in Spinal Manipulative Therapy (UK)
PGC (Neurology), MISCP (IRL), MCSP, MMACP (UK), MPPTA, PhD - PT
Member board of Directors of Pakistan Physical Therapy Association

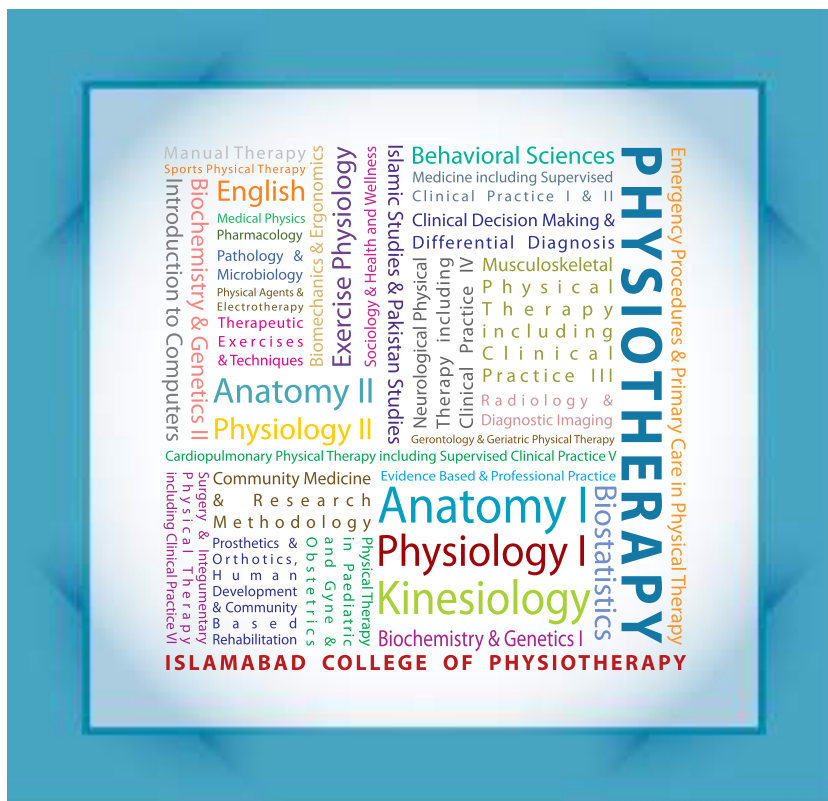
Physiotherapy is one of the most important fields of health sciences involved in the treatment of human ailments. Unluckily, it has not been given its due importance in our hospitals and medical colleges/teaching institutions.

As a result there is shortage of skilled personnel in this field in our country. The Margalla Institute of Health Sciences (MIHS) is the pioneer in the private sector which realized this deficiency and took the initiative by founding the Islamabad College of Physiotherapy (ICP) in 1997 at Islamabad.

In order to meet the latest trends and developments in Physiotherapy education worldwide, the ICP is utilizing state of the art teaching methodologies and educational tools and has a dynamic and vibrant academic environment. At present the faculty of the ICP comprises qualified foreign staff which has the vision to equip the students with discipline-specific technical competencies and generic skills, as well as the required vocational attributes to make them valuable members of the physiotherapeutic work environment. Since 1997, when the Institute was established, more than 270 professionals have been graduated and by the grace of Allah, all of them have been employed by some of the most respected healthcare organizations both within the country and abroad.

Our mission is to produce physiotherapists who will be competent to render a professional evidence based service, that is, who have the necessary knowledge, skills, critical thinking, behavior and attitudes to pursue their profession as physiotherapists and managers in all the ramifications of physiotherapy and health care.

In the last, I pray to Allah the Almighty for the better future of the students and the Institution.





INTRODUCTION

Islamabad College of Physiotherapy was established in 1997 with the mission to produce competent Physical Therapist by providing quality education. Islamabad College of Physiotherapy is pioneer in providing Physical Therapy education in private sector in Pakistan. The college is committed to provide students with excellent curricular and extra-curricular activities. Till now, 13 batches of B.Sc. Physiotherapy and one batch of Doctor of Physical Therapy have already been passed out from this institute.

What is Physical Therapy

Physical Therapy or Physiotherapy is a health care profession primarily concerned with the prevention or remediation of impairments and disabilities and the promotion of mobility, functional ability, quality of life and movement potential through examination, evaluation, diagnosis and physical intervention. It is a distinct form of care which can be performed either in isolation or in conjunction with other types of medical management. In addition to clinical practice, other activities encompassed in the physical therapy profession include research,



education, consultation and administration.

Physical Therapy is becoming a well known profession in Pakistan with the advancement of healthcare system and the increasing scope of its practice across the world. Major growing branches of Physical Therapy are:

- Musculoskeletal Physical Therapy
- Neurological Physical Therapy
- Cardiopulmonary Physical Therapy
- Geriatric Physical Therapy
- Sports Physical Therapy
- Manual Therapy
- Pediatric Physical Therapy
- Integumentary Physical Therapy

Aims & Objective

- To impart state of the art quality education in the field of Physical Therapy.
- To produce competent Physical Therapists who have necessary knowledge, skills, critical thinking, behaviour and attitudes to pursue their profession and fulfill the increasing demand at National and International levels.





- To promote professional and social skills among students to adapt them to the challenging healthcare system.

The Affiliation

The Islamabad College of Physiotherapy is affiliated with the Riphah International University, Islamabad.

Salient Features

- ICP is the first private sector physiotherapy college in Pakistan established since December 1997.
- The college has highly qualified basic medical sciences and physiotherapy faculty & spacious campus with well equipped laboratories and well furnished class rooms.
- For clinical training several hospitals are attached including National Institute of Rehabilitation Medicine, which is state-of-the-art hospital in government sector.





PROGRAM OFFERED

Doctor of Physical Therapy (DPT)

This is a **five years** degree program. Each year of study comprises of two semesters. The duration of each semester is 18 weeks.



SEMESTER	NAME OF SUBJECT	CREDITS
	FIRST PROFESSIONAL YEAR	
FIRST	Anatomy I	4(3-1)
	Physiology I	3(2-1)
	Kinesiology I	3(2-1)
	English I	3(3-0)
	Pakistan studies	2(2-0)
	Introduction to computer	3(2-1)
		18
SECOND	Anatomy II	4(3-1)
	Physiology II	3(2-1)
	Kinesiology II	3(2-1)
	English II	3(3-0)
	Islamic studies / ethics	2(2-0)
	Sociology	2(2-0)
		17

SEMESTER	NAME OF SUBJECT	CREDITS
	SECOND PROFESSIONAL YEAR	
THIRD	English III	3(3-0)
	Medical physics	3(2-1)
	Anatomy III	3(2-1)
	Physiology III	3(2-1)
	Biomechanics & ergonomics I	3(3-0)
	Biochemistry I	2(2-0)
		17
FOURTH	Anatomy IV	3(2-1)
	Biomechanics & ergonomics II	3(2-1)
	Health & Wellness	2(2-0)
	Biochemistry II	3(2-1)
	Exercise Physiology	3(2-1)
	Molecular Biology & genetics	2(2-0)
		16



SEMESTER	NAME OF SUBJECT	CREDITS
	THIRD PROFESSIONAL YEAR	
FIFTH	Pathology & Microbiology I	2(2-0)
	Pharmacology & Therapeutics I	2(2-0)
	Physical Agents & Electrotherapy I	3(2-1)
	Therapeutic Exercises & Techniques	3(2-1)
	Biostatistics I	3(3-0)
	Behaviour Sciences (Psychology & Ethics)	2(2-0)
	Supervised Clinical Practice I	3(0-3)
		18
SIXTH	Pathology & Microbiology II	3(2-1)
	Pharmacology & Therapeutics II	2(2-0)
	Physical agents & Electrotherapy II	3(2-1)
	Biostatistics II (University Optional)	3(3-0)
	Community Medicine & Rehabilitation	3(3-0)
	Supervised Clinical Practice II	3(0-3)
		17



SEMESTER	NAME OF SUBJECT	CREDITS
	FOURTH PROFESSIONAL YEAR	
SEVENTH	Medicine I	3(3-0)
	Surgery I	3(3-0)
	Radiology & Diagnostic Imaging	3(2-1)
	Musculoskeletal Physical Therapy	3(2-1)
	Evidence Based Practice	3(2-1)
	Supervised Clinical Practice III	3(0-3)
		18
EIGHT	Medicine II	3(3-0)
	Surgery II	3(3-0)
	Neurological Physical Therapy	3(2-1)
	Scientific Inquiry & Research Methodology	3(2-1)
	Emergency Procedures & Primary Care in Physical Therapy	3(2-1)
	Supervised Clinical Practice IV	3(0-3)
		18



SEMESTER	NAME OF SUBJECT	CREDITS
	FINAL PROFESSIONAL YEAR	
NINTH	Cardiopulmonary Physical Therapy	3(2-1)
	Manual Therapy	3(2-1)
	Clinical Decision Making & Differential Diagnosis	3(3-0)
	Prosthetics & Orthotics	2(2-0)
	Professional Practice (Laws , Ethics, Administration)	2(2-0)
	Integumentary Physical Therapy	2(2-0)
	Supervised Clinical Practice V	3(0-3)
		18
TENTH	Gynaecology & Obstetrics Physical Therapy	2(2-0)
	Paediatric Physical Therapy	2(2-0)
	Gerontology & Geriatric Physical Therapy	2(2-0)
	Sports Physical Therapy	2(2-0)
	Supervised Clinical Practice VI	4(0-4)
	Research Project	6
		18
TOTAL CREDITS		174





FACULTY OF PHYSIOTHERAPY

DEPARTMENT OF PHYSIOTHERAPY

DR. MUHAMMAD NAZIM FAROOQ

Vice Principal

BSPT, M.Sc. Advance Manipulative Physiotherapy (UK), Certification in Spinal Manipulative Therapy (UK), PGC (Neurology), MISCP (IRL), MCSP, MMACP (UK), PhD, PT



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Lecturer

BSPT, MS-OMPT





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MBBS, M. Phil



DR. AWATIF MAHAR

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BDS



DR. DURR-E-NAYAB MIR

Lecturer

MBBS



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Lecturer

MBBS



DR. BUSHRA RAHIM BUTT

Lecturer

BDS



DR. SAIRA ALI

Lecturer

BDS





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DR. MUBASHIR IQBAL
Lecturer
MBBS



MISS. NAJMA MALIK
Lecturer
M.Sc



DEPARTMENT OF PHARMACOLOGY

DR. MUHAMMAD SAIR
Assistant professor
MBBS, M.Phil



DR. MUHAMMAD HAMAZA HUSSAIN
Lecturer
BDS



DR. ROMANA NAWAZ
Lecturer
BDS



DR. NOUMAN ARSHAD
Lecturer
BDS



DR. KHADIJA KHALID
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DEPARTMENT OF PATHOLOGY/MICROBIOLOGY

PROF. DR. SHABBIR AHMED

Professor
MBBS, M.Phil



DR. MARIAM BABAR

Lecturer
BDS



DR. ANOOSHA TARIQ

Lecturer
BDS



DR. AYESHA FAZAL

Lecturer
BDS



DEPARTMENT OF COMMUNITY MEDICINE

DR. BEENISH MAHMOOD

Assistant Professor
BDS, MDPH



DR. MEHREEN RIAZ FAISAL

Assistant professor
BDS, MDPH



DR. AMMAD BAKHSH AWAN

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BDS, MSc
(Dental Public Health)



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Lecturer
BDS



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DR. ABDUL AZIZ
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MBBS



DEPARTMENT OF GENERAL SURGERY

DR. SYED SAGHIR HUSSAIN SHAH
Assistant Professor
MBBS, FCPS



DR. MUHAMMAD ZUBAIR
Registrar
MBBS



DR. ASIM HANIF
Registrar
MBBS



DEPARTMENT OF ENGLISH

SHAHNAZ JAMAL
Lecturer (Visiting)
M.A (English) M.A (EPM)



DEPARTMENT OF BEHAVIOURAL SCIENCES

AMBREEN RASHID
Assistant Professor
M.Sc (Psychology)





FACULTY OF PHYSIOTHERAPY

DEPARTMENT OF PAK STUDIES / ISLAMIAT

MRS. MUNIRA BEGUM

Senior Lecturer
M.A (Islamic Studies)



HAFIZ MUHAMMAD HAFEEZ

Lecturer
Hafiz-e-Quran



HAFIZ M. AYAZ TAYYAB

Lecturer
Hafiz-e-Quran



DEPARTMENT OF INFORMATION TECHNOLOGY (I.T)

AFTAB KHAN

Senior Lecturer
BCS, M.Sc





HONOURS AND AWARDS

Positions of Students at University /ICP, MIHS Level

Best Graduate DPT 2017



AAILA WASEEM

1st year DPT Annual
Examination 2013
1st Position in ICP, MIHS
2nd year DPT Annual
Examination 2014
1st Position in ICP, MIHS
3rd year DPT Annual
Examination 2015
1st Position in ICP, MIHS
4th Year DPT Annual
Examination 2016
2nd Position in ICP, MIHS
Final year Annual
Examination 2017
1st Position in ICP, MIHS



ZARA AMJAD BUTTI

2nd semester DPT
Fall-2017
3rd Position in ICP, MIHS



AROOPA ARSHAD

1st semester DPT
Spring-2017
1st Position in ICP, MIHS
2nd semester DPT
Fall-2017
1st Position in ICP, MIHS



ZAINA MALIK

1st semester DPT
Fall-2017
1st Position in ICP, MIHS



ABEERA WASEEM

2nd semester DPT
Fall-2017
2nd Position in ICP, MIHS



NARMEEN HANIF

1st semester DPT
Spring 2017
2nd Position in ICP, MIHS
2nd semester DPT
Fall-2017
1st Position in ICP, MIHS



SAAD-UD-DIN

1st semester DPT
Fall-2017
1st Position in ICP, MIHS



ASFIA FIDA

3rd Year DPT Annual
Examination 2017
2nd Position in ICP, MIHS



WAGIA MANSAB

1st semester DPT
Spring-2017
3rd Position in ICP, MIHS
2nd Semester DPT
Fall-2017
1st Position in ICP, MIHS



MAH NOOR

IFTIKHAR
1st semester DPT
Fall-2017
3rd Position in ICP, MIHS



ZUNAIRA KHATEEB

3rd year DPT Annual
Examination 2017
2nd Position in ICP, MIHS



HONOURS AND AWARDS

Positions of Students at University /ICP, MIHS Level



ARZOO BASHIR
4th year DPT Annual
Examination 2017
2nd Position in ICP, MIHS



KOMAL SHAHZAD
1st year DPT Annual
Examination 2016
3rd Position in ICP, MIHS
2nd year DPT Annual
Examination 2017
1st Position in ICP,MIHS



**ABEERA TASNEEM
TAHIR**
2nd Year DPT Annual
Examination 2016
2nd Position in ICP, MIHS



UZAIR KHALID
1st year DPT Annual Examination 2014
1st Position in University
1st Position in ICP, MIHS
2nd year DPT Annual Examination 2015
1st Position in ICP, MIHS
3rd Year DPT Annual Examination 2016
1st Position in ICP, MIHS
3rd Year DPT Annual Examination 2016
3rd Position in ICP, MIHS
3rd Year DPT Annual Examination 2016
3rd Position in ICP, MIHS
4th year DPT Annual Examination 2017
3rd Position in ICP, MIHS



AFREEN KHAN
1st YEAR DPT Annual
Examination 2015
1st Position in ICP, MIHS
2nd Year DPT Annual
Examination 2016
1st Position in ICP, MIHS
3rd year DPT Annual
Examination 2017



RUSHIA GILL CH.
2nd Year DPT Annual
Examination 2016
3rd Position in ICP, MIHS



**AQSA SHAFIQ
MUGHAL**
1st year DPT Annual
Examination 2016
1st Position in ICP, MIHS
2nd year DPT Annual
Examination 2017
3rd Position in ICP,MIHS



AYESHA TABASSUM
1st year DPT Annual
Examination 2013
2nd Position in ICP, MIHS
2nd year DPT Annual
Examination 2014
2nd Position in ICP, MIHS
3rd year DPT Annual
Examination 2015
2nd Position in ICP, MIHS
4th year DPT Annual
Examination 2016
3rd Position in ICP, MIHS
Final year DPT Annual
Examination 2017



RABIA BUKHARI
1st year DPT Annual
Examination 2014
3rd Position in ICP, MIHS
2nd year DPT Annual
Examination 2015
3rd Position in ICP, MIHS
3rd year DPT Annual
Examination 2016
2nd Position in ICP, MIHS
4th year DPT Annual
Examination 2017
1st Position in ICP, MIHS



ANZA TANZEEM
1st year DPT Annual
Examination 2016
2nd Position in ICP,MIHS
2nd year DPT Annual
Examination 2017
2nd Position in ICP,MIHS



HUMAIRA AZAM
4th Year DPT Annual
Examination 2016
1st Position in ICP, MIHS
Final Year DPT Annual
Examination 2017
3rd Position in ICP,MIHS



FATIMA AMJAD
3rd Year DPT Annual
Examination 2016
3rd Position in ICP, MIHS



HONOURS AND AWARDS

Positions of Students at University /ICP, MIHS Level



MUBASHRA MALIK

2nd Year DPT Annual
Examination 2016
3rd Position in ICP, MIHS



SIDRA TARIQ BUTT

2nd year DPT Annual
Examination 2014
3rd Position in ICP, MIHS



SYEDA MOMNA KAZMI

1st year DPT Annual
Examination 2015
2nd Position in ICP, MIHS



ALEENA KAZMI

3rd year DPT Annual
Examination 2015
1st Position in ICP, MIHS



RUBIA BATOOL

1st year DPT Annual
Examination 2014
2nd Position
in ICP,MIHS
2nd year DPT Annual
Examination 2015
2nd Position
in ICP, MIHS



SADAF NAFEEES

1st year DPT Annual
Examination 2015
3rd Position in ICP, MIHS



ZOONA TARIQ

1st year DPT Annual
Examination 2013
3rd Position in ICP, MIHS





Application Procedure

ICP is an equal opportunity organization. There is no discrimination on the basis of sex, religion, race, color, creed or domicile. There are no quotas and no reserved seats. The selection of students is meticulously done by the admission committee and approved by the Board of Directors.

Eligibility For Admission

A person holding F.Sc. (Pre-medical) or an equivalent qualification with minimum 50% marks from any recognized institution in Pakistan is eligible for admission. OR

Any examination from foreign university, which in scope and standard is found equivalent to the Intermediate Pre-medical examination of Pakistan, will make the

candidate eligible for admission in institute. However, it is the responsibility of candidates to clear cases through the Inter-Board Chairmen Committee (IBCC) Islamabad for equivalence of their qualification. The equivalence certificate must be attached with the application form.

Interview

The students finally selected will be interviewed for personality and aptitude for the medical education.

Documents Required with the Admission Form

You are required to ensure the following documents enclosed with your Admission Form:

- Recent Photographs (with blue background, 1x1 inch):**(Four Copies)**
- Recent Photographs (with blue background, Passport size):**(Twelve Copies)**
- Character Certificate:**(One Copy)**
- SSC / O - Level:**(Six Copies)**
- HSSC / A - Level:**(Six Copies)**
- Equivalence Certificate form IBCC for O/A Level:**(Six Copies)**
- Student's NIC / B Form:**(Six Copies)**
- Domicile:**(Two Copies)**
- Parent's / Guardian's NIC:**(Six Copies)**
- NOC for other Board / University:**Original**
- Undertaking on Stamp Paper:**Original**
- Mental and Physical Fitness Certificate:**Original**
- Matriculation & Intermediate Marksheets / Dgrees (After Admission):**Original**

NOTE: The admission fee and all other dues will not be refunded to the students whose admission is cancelled due to his/her fabricated false or fake documents or is rusticated/expelled/removed from the college roll for any reason or he/she decides to discontinue his/ her studies in the colleges of MIHS.



General Policy

Initially, all admissions in ICP, MIHS will be provisional. Any candidate, whose particulars, certificates or any other document submitted with the admission form are found incorrect or wrong in any way, or whose authentication is doubtful, will be struck off from the College roll, even if the candidate has been admitted. A student can be removed from the College by the Board of Directors at any time during the course of his/her study, if incorrect or wrong data has been submitted by such a candidate / parent / guardian, at the time of admission. No show cause notice will be necessary for any action under this rule of admission in MIHS. The candidate who fails to report for interview / admission on the prescribed date shall be considered to have forfeited his / her chance of admission in MIHS.

If any student during his studies at ICP/MIHS does not follow college rules or found violating disciplinary rules will be liable to be expelled from the college.

All cases of expulsion will be processed by the college Principal and will be forwarded to the Chairman MIHS for final line of action.

Application forms and photocopies of the documents of candidates who are not selected will not be returned.

Fee and Refund Policy

If the student wants to leave the institution within two weeks after the commencement of classes then there shall be a 100% refund of all deposit fee except the admission fee. If the student wants to leave the institution within one month of joining or commencement of classes, there shall be 50% refund of all deposited fee and if the student wants to leave the institution after one month of commencement of classes then there shall be no refund.

All the students will have to pay their tuition fee and university charges in advance before the start of semester. In case of delay they will be liable to pay late fee which will be 5% per month of the remaining amount. No application will be entertained regarding fee concession or rescheduling on the mode of payment.

The fee deposited will not be refunded to the students whose admission is cancelled due to providing fabricated, false or fake documents. He/She will also be liable to be rusticated/expelled/removed from the college roll.



Admission form and fee Schedule attached inside the Folder



- No person shall be enrolled at the Margalla Institute of Health Sciences, Islamabad except on the strict understanding that the candidate intends to obtain his/her professional qualification.
- Every student is required to attend punctually the required hours notified for lectures and practical classes. He/she must have 75% of total attendance in an academic year to be eligible to appear in the University examination.
- Students are required to maintain discipline at all times in the college and the hostel or during any other activity arranged/conducted by the Institution.
- Display and distribution of political party's pamphlets or circulars etc in the college and hospital premises are strictly prohibited.
- All irregularities, neglect of duties and breach of discipline are to be brought to the notice of the Principal by the teachers under whom the student is working.
- Leave application must be submitted to the Principal in writing through respective class teacher. **All the students**
- will pay their tuition fee in advance every year, in case of delay will be liable to late fee charges which will be 5% per month.
- If a student fails in supplementary in any session and loses one year, will be liable to pay fee as mentioned in PM&DC statute.
- In all cases, the leave taken will be at the students' own risk as far as the percentage of attendance is concerned and even a medical certificate will not

condone a deficiency in attendance.

- A student who is absent without leave, continuously for a period of two weeks will be struck off from the college roll.
- In case of absence, fine of Rs. 100/- per class will be charged.
- Students are prohibited to address any petition directly to a higher authority/press or unauthorized person
- Students desirous of addressing the Principal by a letter must do so individually. Joint applications are inadmissible.
- Any student wishing to make representation on a subject has the right of direct access to the Principal during the college hours at the prescribed time.
- The Principal, Professors and other staff members are accessible at any time to listen to the difficulties and grievances of the students and shall always be prepared to help them.
- Non-payment of college/hostel/transportation dues within stipulated time may result in cancellation of admission.

Migration Rules

Migration during the programme is not allowed, however, it is permissible in certain cases as per migration policy of the university on mutual migration basis. In such cases, the following rules are stringently observed:

- Migration is not permitted unless the student has passed his First Professional examination.
- After seeking NOC from the Principal to apply for migration, a migration processing fee of Rs. 25,000/- is to be deposited by the applicant along with his application irrespective of the final outcome.
- A student from another colleges must report for admission in the same class on reciprocal basis and give an undertaking to follow the fee rules. Only





- then the student desirous of migration to another college will be permitted to migrate.
- Migration will not be allowed unless the student has cleared all the college/hostel dues
- Migration will not be allowed to a student who has been debarred from taking professional/local examination or has been expelled or rusticated; as long as the punishment remains enforced.

The college authorities can amend the above quoted rules whenever deemed necessary to keep discipline, law and order in the institute and will not be challenged in any court of law.

Class Room Discipline

- When the teacher enters the classroom, the students will stand up and will remain standing till they are directed to sit or till the teacher takes his seat.
- No student is allowed to leave the classroom without permission of the teacher.
- Immediately after assembly of the class, the roll call shall be taken and absence will be marked. A student coming late in the classroom will be marked absent unless the teacher accepts his/her excuse.
- Misbehavior of a student shall at once be reported by the teacher to the Principal through the respective HOD, who will take action as deemed necessary.
- Students are not allowed to keep their cell phones switched on inside the classroom or where an organized academic activity is going on.

Examination Hall Discipline

- Students are not allowed to take textbooks, notes, bags or cell phones into the examination hall.
- Any student found infringing the examination rules or having recourse to unfair means may be debarred from the examination and the matter shall be dealt with according to the University Rules. In case of such happening in the class/terms tests, the matter

shall be reported to the Principal who may refer this case to the College Disciplinary Committee.

- Late comers arriving at the examination hall more than 30 minutes after the start of the paper will not be allowed to sit in the examination.

Discipline In Hospital

- Every student is required to attend the clinical teaching and perform ward duties regularly at the notified time.
- Students attending the hospital are required to abide by the rules of the hospital administration, who may award any punishment to a student committing any offence in the hospital or for negligence in carrying out the duties entrusted to him/her in the hospital. The punishment may amount to debar him/her from attending any or all departments of the hospital for a period up to three months or impose a fine up to Rs. 5000/- as considered appropriate.
- Every student is required to attend the clinical departments to fulfill the clinical quota as per UHS/PM&DC requirements.
- Student attending clinical department are liable to abide by the rules and regulations of the hospital administration.

Offences

Committing the following acts within the college, hospital or hostel premises will warrant a strict disciplinary action against the defaulters.

- Submitting false evidence
- Stealing
- Willful destruction of equipment, furnishings.
- Physical violence against other students, faculty members, staff or patients
- Ragging, fooling the students anywhere
- Use of prohibited drugs



- Possession of fire arms and crackers in the college or hostel campus
 - Violation of basic human rights
 - Organizing/creating civil disturbance
 - Non-payment of tuition and other fees/dues
 - Protracted absence without permission from lectures, clinical duties and the inability to cope with the curriculum
 - Smoking within the college or hospital premises
 - Displaying and disseminating partisan, political pamphlets, CDs or circulars etc anywhere
- Any student violating the discipline will be pertinently fined in addition to other disciplinary actions.

Disciplinary Actions

For all such offences that occur in the college, hostels or hospital, the Principal, may at his discretion refer the case to the college disciplinary committee, which shall be appointed by the college management from time to time. This committee shall have the power to interview any student or a staff member and will send its recommendations to the Principal. After considering the recommendations of the college disciplinary committee, the Principal is empowered to take one or more of the following disciplinary actions depending upon severity of the offence (Apart from directing make well the loss/damage):

The students may be:

- Asked to render an apology, verbal or written. This will be placed on the student's record.
 - Placed under observation for a period up to one year. If during this period, he fails to improve his conduct, he may be expelled from the college.
 - Fined up to Rs. 500 to 5000/-
- Suspended from the college rolls for a period of up to two weeks at a time.
 - Expelled from the college and expulsion notified to all other medical colleges and universities of Pakistan.
 - The Principal is competent to remit fines and punishment already imposed. The decision of the Principal in all cases will be final.

Dress Code for students, MIHS



Girls

1. White Shirt and Shalwar
2. Dupatta / Scarf (Navy Blue)
3. Black Shoes (high heels are not allowed)
4. Sweater / Blazer (Navy Blue)
5. White overall

Boys

1. White Shirt and black pants
2. Tie (Navy Blue)
3. Black Shoes and Black Socks
4. Sweater / Blazer (Navy Blue)
5. White overall



FACILITIES AT MARGALLA

Library at a glance

Library is working as the center of information for MIHS community. The department aims to provide most dynamic learning and research environment to the users. Library department fulfills the information needs of the MIHS community, by



providing traditional library services as well as streamlines access to wide range of e-resources. The objective of library department is to focus on acquiring right information, processing it and to disseminate the information at the right time to the appropriate users to fulfill their academic needs, we advance the creation, sharing, and





preservation of knowledge through the use of latest tools and techniques.

The library consists of a main hall, which is spread over 3000 sq. feet. The professional library staff is available in library. The library timing are from 08:00 hrs to 15:00 hrs during the regular working days, while before and during the examinations, the library remain open till 16:00 hrs. It is well-stocked library with the latest professional books and journals covering all biomedical and clinical sciences. A digital library access is available for students which also has a dedicated link with

Higher Education Commission (HEC) and has all the latest journals and periodicals.

Media Society

This society consists of handpicked students with natural talent in fields of media and communication.

The job of this society is to cover the events and happenings at MIHS and provide media support for university publications and data bank.

MIHS produces two publications; a quarterly newsletter, MIHS Chronicles and Healers/Al Shaaafi a bilingual annual magazine in order to promote the creative and communicative aspects of learning and provision of a platform for communication and presentation of ideas of students.



These publications are prepared and produced by the dedicated student editorial board under the guidance and encouragement of the experienced faculty editorial board.

Literary Society

Students are encouraged to join the educational society. In the periodic meeting of this literary society, topics of interest from latest professional journals and current literature are discussed by the students with participation from faculty members.

Anatomy Museum

Museum is located in the college building in the department of Anatomy. It can easily accommodate 50 students.

It includes models of international standard on human anatomy, embryology and histology, limbs, torso, head and neck, brain, eyes, ear, lungs, reproductive system and pelvis etc. There is



Margalla Rehabilitation Centre

KEY SERVICES

- Musculoskeletal Rehabilitation
- Neurological Rehabilitation
- Paeds Rehabilitation
- Cardiopulmonary Rehabilitation
- Rheumatological Rehabilitation
- Post Operative Rehabilitation
- Sports Injuries Rehabilitation
- Women's Health Rehabilitation
- Integumentary Rehabilitation
- Geriatrics Rehabilitation
- Pain Management
- Home Based Physiotherapy
- Fitness / Slimming Centre

Services are provided for different age groups, children, adolescents, adults & elders who seek help are offered with a wide array of therapies.

- Frozen Shoulder, Discs Problems, Ankylosing, Spondylitis, Scoliosis
- Stroke, Cerebral Palsy, Facial Palsy, Parkinson's Disease, Spinal Cord Injuries, Wrist & Foot Drop, Vestibular Disorders
- Spinabi fida, Club Foot, Torticollis, Haemophilic, Arthritis
- Pre & Post-Operative IHD, CABG, Lobectomy
- Rheumatoid & Osteo arthritis, Gout
- Hip & Knee Replacements, Fractures, Amputations,
- Tennis & Golfer Elbow, Meniscal Injuries, Sprain, Strain, Fitness, Training
- Osteoporosis, Incontinence, Back Pain
- Psoriasis, Burn & Skin Grafting
- Age Related Physical Problems, Psychiatric illness,
- Neck Pain, Sciatica, Low Back Pain, Joints & Muscle Pain
- Stroke, Post-Operative Care, Care of Elderly
- General Physical Fitness





arteries and veins, nerves etc.

A model of the forearm is used to teach I/V injection. Models prepared by the students and staff of MIHS are the good addition.



One section of the museum exhibits embryology models, which are extremely useful for the demonstration to students. There are also more than 100 natural human bones in the museum.



Pathology Museum

Numerous specimens are taken from the patients' bodies and are preserved in look-through containers for the training of students.

It remains open from 8:00 a.m to 3:00 p.m in winter except on Saturdays and Sundays.





Research Facility

The research facilities will be available to the staff members, to promote research in their field of interest. The students in the final year will also be encouraged and involved in different research projects. Plans are to start different research oriented projects in co-ordination with different research agencies such as US AID etc. Online collaboration will also be utilized for this purpose; with different International Medical Research Organizations and the eminent scientists in different fields of medical sciences.

Housing for Students

Hostels are situated in Gulrez. These are beautiful buildings having spacious rooms with clean and airy atmosphere. Living rooms have double occupancy. Every student is provided with a bed, a study table, a chair and a cupboard. It has beautiful lawn/terrace for students to sit and relax. It has a common room, TV room and a dining room in addition to the living room. Each room is provided with the facility of attached bath. There is also a prayer room for the students where they perform other religious activities. The warden strictly supervises the messing system and cleanliness of hostels. In case of emergency, medical treatment is provided. Shopping trips for the students are arranged to different shopping places weekly under the supervision of the hostel warden. Telephone facility is also provided to the students in the hostel. Strict security measures for the girls hostel are insured and guards are available round the clock.

There is arrangement of games like Table Tennis and Badminton for the students. No student can leave the hostel without prior permission from the hostel warden and submission of an application.

Only the persons, mentioned by the parents or guardians of the students, in the application form, are allowed to visit the students. The hostel rules and regulation are to be solemnly abided by the students.

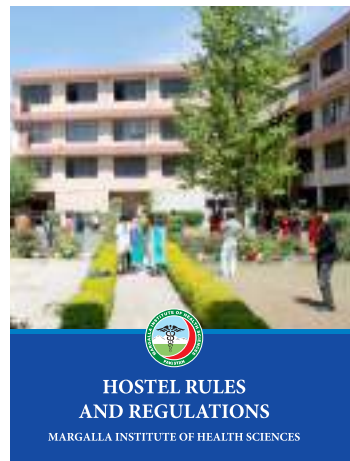
Cafeteria

Students are provided with the facility of a spacious cafeteria where food

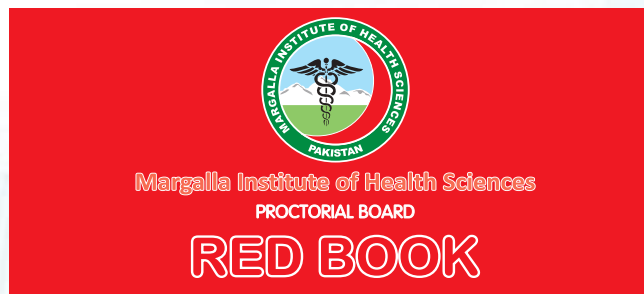
is served at subsidized rates. The management of the college strictly supervises cleanliness and hygienic conditions of the premises.

Transport

Air-conditioned shuttle service is available for students and staff on payment.



Hostel Rules and regulations in printed form can be had separately.



Pictorial Board Red Book in printed form can be had separately.



LIFE AT MARGALLA

Convocation, MIHS



BSPT Graduates





MARGALLA INSTITUTE OF HEALTH SCIENCES



Welcome to the ...

Annual function

Your Presence is Solicited.







